



CAMPER AND GUARDIAN HANDBOOK 2023

We are excited to welcome our 2023 campers for our 10th season of Camp Kita. In this handbook you will find important information on how to make your campers time with us fun, safe, and healing.

PROGRAM DESCRIPTION

We recognize the importance of intervention in the aftermath of a loved-one's suicide and so have established Camp Kita (Abenaki-Penobscot for “listen”), a program of The Kita Center.. We understand that timely intervention and support is critical in shaping the landscape of grief for a child survivor. We believe that if we help survivors navigate this grief appropriately, we can enhance and highlight the ability of each individual child to endure.

Our mission is to cultivate a restorative community by honoring the lived experiences of those impacted by suicide. We look to provide a safe, nurturing environment where child survivors can connect with one another while learning constructive ways to deal with the often unspeakable and fierce emotion of losing a loved-one to suicide. By creating a space for child survivors, we effectively ease the stigma around what it means to have lost a loved-one to suicide. The campers’ shared loss and experience affords them the opportunity of forming deep, knowing bonds with others and thereby forging connections that we hope will last a lifetime.

Our approach is multifaceted and includes a variety of recreational as well as traditional therapies in a camp setting. In addition to daily, small group meetings with our trained support staff, campers will participate in activities such as swimming, sports and fitness, hiking, games, arts and crafts, campfires, and assorted therapeutic sessions. Throughout our session, the Kita Zone will be available for any camper needing additional support during regularly scheduled activities.

By dropping off your camper at Camp Kita, you are acknowledging that you read, understand, and agree to all the rules and policies of Camp Kita described in this handbook.

SUMMER CONTACT INFORMATION

<p>New England Golf & Tennis Camp (NEGTC) 2023 Host Facility 35 Golf Academy Dr, Belgrade, ME 04917 (207) 465-3226</p>	<p>Sydney Mosher Co-Founder 207-205-2330 smosher@campkita.com info@campkita.com</p>	<p>Erin Bell Camp Kita Admissions Director LCMHC ebell@campkita.com</p>
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CODE OF CONDUCT

Camp Kita's priority is ensuring a safe and healthy community. Suicide prevention is at the core of everything we do. We provide a structured and wholly therapeutic environment in which each camper's time will be spent positively and productively. In order to maximize your campers experience at Camp Kita, please review the following expectations with your camper.

Behavioral and Respect Expectations

Though campers are bound by their shared experience of losing a loved-one to suicide, our camp community is made up of children and staff from a variety of backgrounds, cultures, identities, races, and religions. First and foremost, we foster an environment of respect for differences, and we expect our campers to interact in ways that are respectful and inclusive. Prejudice, discrimination or oppression on the basis of class, race, gender, or sexual orientation will not be tolerated. Every person at camp (and everyone with whom we interact while attending camp) is to be treated with respect at all times.

Along with the four freedoms—of speech and expression, of religion, from want, and from fear—first articulated by President Franklin D. Roosevelt in a State of the Union address, we recognize the freedom to be oneself. We encourage campers to find and exhibit their truest and most genuine potential without fear of exclusion. We follow the golden rule of treating others as one wishes to be treated and thereby expressly prohibit disrespectful or inappropriate behavior, particularly at the expense of another camper.

In line with our mission and expectations for behavior, inclusion, and respect, Camp Kita does not permit the following:

- Angry or vulgar language including swearing, name calling, shouting, bullying (including cyber-bullying)
- Aggressive profanity, disrespect, bigotry, homophobic or transphobic comments, gestures, or actions
- Intentional exclusion of another camper or campers
- Unwelcome physical contact or physical contact with another person in an angry or threatening way
- Any demonstration of sexual activity or sexual contact with another person
- Harassment or intimidation with words, gestures, body language, or other menacing behavior



- Behavior which intends to or results in the theft or destruction of property
- Infringement on personal space and privacy needs for each camper, including borrowing items from others without permission
- Carrying or concealing any weapons or devices that may be used as weapons including but not limited to scissors, lighters, and Swiss Army knives
- Leaving the boundaries of camp without adult supervision, or unauthorized absence from cabin or activity.
- Destruction, vandalism (including graffiti), or theft of any property belonging to camp or another community member.
- Use of vehicles

Please also note that Camp Kita strictly prohibits the possession or use of alcohol or illegal drugs. Campers involved in any incidents will be removed from camp immediately at the camp's sole discretion. While a fully therapeutic environment is our mission, we do not have the appropriate staff or resources to manage drug or alcohol use or addictions.

Gender inclusion policy

Camp Kita is a community of suicide-loss survivors, and we are also a community of campers from diverse backgrounds, identities, experiences, and beliefs. As stewards of a restorative community for healing and learning, Camp Kita honors the lived experiences of all people impacted by suicide and suicide risk. We will strive to provide a safer, welcoming, and inclusive experience for all of our campers, as mental health and suicide prevention is at the core of everything we do. Making all our campers welcome for who they are, is not only the right thing to do, but it also proven to reduce suicide rate within minority communities, including but not limited to LGBTIA+ and all communities impacted by suicidal struggles. We know that a camper who feels safe, seen, and as an equal to their peers is more likely to embrace and benefit from the camp experience and participate in group exercises, including therapeutic activities.

At camp, we strive to provide the foundation for better understanding. We believe that through learning from each other's experiences and stories, we create a more empathetic and welcoming environment for all.



What to expect at camp:

- An environment that doesn't compromise on being a camp for every Camp Kita camper
- Staff and counselors who are committed fostering a culture of empathy, and evolving understanding of what safety and inclusion looks like, in hopes of an environment where mental health and happiness can flourish
- Listening and compassionate staff who respect what campers identify as their needs and experiences, and doing our best to accommodate a camper's needs, including cabin and privacy accommodations (campers can elect to live in a cabin that affirms their gender identity) inviting campers to share their pronouns, and using their pronouns.
- We will respect each camper's need for privacy, and allow campers to share details about their time at camp with their parents or guardians when they feel safe to do so on their own terms. This includes respecting the camper's privacy around sexual orientation, the cabin they bunked in, gender identity, and the pronouns they used at camp. In scenarios where Camp Kita is concerned for a camper's safety due to risk of harm to self or others, we will make guardians aware of the concern, but we may not detail factors that may be contributing to these concerns if doing so would violate the camper's privacy as detailed above. This decision of what to disclose is determined by our nurse or mental health professionals.
- In 2019, we introduced the Culture Captain position at Camp Kita. This person is one of the many staff members available to help to create a community atmosphere where all of our camper's feel welcome. Led by Camp Kita Culture Captain, each camper cabin group will develop a set of shared values and rules to create a community atmosphere where all of our camper's feel heard and welcome. In partnership with [Transplaining](#), the Culture Captain and other Kita staff/volunteer members will be trained to help provide a safe environment for campers of all genders.

New England Golf and Tennis Camp (NEGTC) Facilities and Staff:

- Lodging cabins include a bathroom, and most include showers. For those campers who are staying in a cabin without showers, there are two shower houses close by for their use.
- The staff at New England Golf and Tennis Camp complete an annual orientation which includes education on diversity, inclusion, and gender equity.
- Food service at NEGTC is nut-free.
- Each camper cabin will be equipped with at least two cabin counselor staff members



- Additional rules while at NEGTC:
 - No graffiti
 - No gum
 - No food is allowed to be taken out of the dining hall, and **no food allowed in cabins.**

Discipline policy

To ensure the safety and well-being of campers and staff members, the following course of disciplinary action will be implemented when circumstances deem necessary:

1. Camper receives a verbal warning regarding Camp Kita's expectations for behavior
2. Camper receives a second verbal warning regarding Camp Kita's expectations for behavior and is asked to sit out of the activity until appropriate camp staff invites the student to return

If behavior continues or in the event of extreme behavior such as endangerment or intent to endanger the well-being of self or others, disrespect, or violation of any of our core values, the following procedures will be immediately implemented:

1. Camper will report to the director
2. Director will contact the camper's guardian
3. Director will determine further action and reserves the right to order guardians to pick up their camper within 24 hours.

Camp Kita reserves the right to dismiss a camper whose conduct is dangerous, illegal, or at the discretion of the camp director, detrimental to the camp and/or to other campers, otherwise unsatisfactory, or does not meet the Behavioral and Respect Expectations. **If you're not local, please make a plan prior to camp on how you will be able to pick up your camper within 24 hours if a behavioral or health concern arises.** While waiting for their parent or guardian to arrive, dismissed campers will not be permitted to participate in camp activities. It will be the parent/guardian's responsibility to arrange transportation for the camper if they are sent home.



Technology policy

Due to the nature and duration of our program, we do not allow personal electronic devices including cell phones, iPads, laptops, or connected music players. Camp is a time for each camper to discover personal growth and an opportunity to disconnect from usual routine and settle into a rhythm surrounded by nature.

We find that solitary use of electronics tends to isolate campers from one another rather than foster the lifelong relationships and community we intend to build. All electronics brought to camp will be confiscated and held at the office until departure day. At Camp Kita, we take our technology policy seriously, so please set the expectation accordingly with your camper to respect these guidelines.

Most cabins are equipped with white-noise machines to add comfort to their shared space. Occasionally, we have campers ask us if they are able to listen to music in the cabin to help with sleeping. In rare occasions, personal devices used with headphones to play music or sleep sounds are permitted with prior written permission on **non-connected** devices (no bluetooth or wi-fi needed), such as MP3 players, **for sleeping only**. If permission is granted, please ensure that their chosen sounds have been downloaded prior to arriving at camp, and your camper knows how to use the device without assistance.

Communication policy

We limit campers' telephone contact with guardians to emergencies only. Allowing your camper to be fully present at Camp Kita without thinking about phone calls from home supports our goal of encouraging and strengthening each camper's confidence, independence, and self-expression. For this reason, please do not tell your child in advance that he or she may call if homesick. The majority of homesickness diminishes once campers are adjusted to activities and schedules. Please also know that we have a phenomenal staff of loving individuals who are more than happy to ease any anxiety or sadness related to homesickness.

If the need arises to speak with your child, please call or text (207) 205-2330; you can leave a message if you do not reach someone directly, and your call will be returned in a timely fashion. You may also send an email to your child at info@campkita.com. Please include your child's full name in the subject line. Emails will be delivered directly to your child within 24 hours but your child will not be able to respond.



Safe language policy

We recognize that given our campers collective experience of suicide loss, they may be aware of specific details of the manner of their loved ones death (ie method/means). Discussion or sharing of those specific details regarding manner of death is highly discouraged while at camp, especially with fellow campers. Some of our campers are not aware of these specific details regarding their loved ones death; other campers can become highly distressed when focusing on those details. For all campers, focusing on the specific details associated with the manner of their loved ones death can prove traumatizing and interfere with their ability to fully participate while at camp. We recognize that processing of these traumatic memories is beneficial and is best accomplished through individual counseling support and is beyond the scope of a one week camp experience.

Attire Expectations

Campers must wear clothing and footwear that is weather appropriate, and safe and secure for all activities offered at camp. Clothing must not include disrespectful words or images. For the safety of our campers, remove body piercings prior to arrival. Campers may be asked to change or add layers if their clothing does not meet the safety standards (including safety against sun, ticks, or rash) and respect standards at the discretion of any camp staff.

Luggage Safety Policy:

All parents and guardians are responsible for the contents of their camper's luggage, and will be asked to confirm that they reviewed the contents of their camper's belongings for safety concerns, illegal substances, and contraband at camper drop off.

PREPARING FOR CAMP

Food

Every child receives a healthy amount of each item offered at mealtimes. We serve nutritious food and encourage campers to taste a little of each item we serve. However, there is enough of a variety that most every child finds something they like at each meal. Please note that campers should not pack their own food, as food is not permitted in the cabins.



Cabins and shower houses

Bathrooms are in the cabins and include a toilet and a sink. Most cabins also have a shower. For those campers who are staying in a cabin without showers, there are two shower houses close by for their use with a separate changing area.

Campers may bring sheets and a blanket, or just put a sleeping bag on top of the mattress. It is highly recommended that campers cover their mattress with a fitted sheet. Campers are also asked to bring hanging shower caddies and sandals/shower shoes.

Cabin placements

Campers are assigned to cabins by the following factors: age/grade of campers, group cohorts, staffing capacity, accommodation of medical needs, or the campers preferred gender placement. When assigning campers to cabins, we take into consideration both the well-being of your camper and that of the entire camp community. The decision to switch cabins during camp week is not one that is ever made lightly, by staff or a camper. When it does happen, it may be for a variety of reasons, including because the cabin that they were assigned to does not fit their gender. We respect and honor all campers and staff member gender expressions. Please see your gender inclusion policy above for more details.

We cannot guarantee requests made to bunk with certain campers will be honored and ask that you not make cabin placement promises to your child that camp may not be able to accommodate.

Packing

Please check the weather forecast (for Belgrade, Maine 04917) to determine if you should make some additions to the suggested packing list on the following page. We have had weeks where it is entirely rain, and weeks where temps reach the upper nineties. August is typically Maine's warmest month, with average high temperatures ranging from the mid-70s to the low-80s during the day and high-50s to low-60s at night. There are a handful of rainy days each month, but the summer is typically dry and sunny. Laundry is available in emergency situations only, so please be sure your child brings enough clothing for at least seven days. Guardians are strongly encouraged to label everything prior to arrival at camp and double check their camper's bags prior to departure.



Suggested Packing List

- Shorts
- T-shirts
- Undergarments
- Sandals that secure to feet (please, no flip flops)
- One sweatshirt or thin coat
- Raincoat or poncho
- One pair of pants or sweatpants
- Bathing suit
- 2 towels (one for swimming / one for shower)
- Bathroom toiletries (toothpaste, toothbrush, shampoo, sanitary products)
- Fanny pack
- Hanging shower caddy/toiletry ditty bag
- Shower shoes
- Pillow
- Sleeping bag
- Fitted sheet
- Water bottle
- Eyeglasses and case (where applicable)
- Sunglasses
- Hat
- Flashlight
- Sunblock
- Bug Repellant (repels ticks and mosquitos)
- Disposable camera (if desired)
- Travel size of hand sanitizer

What NOT to Pack:

In addition to leaving electronic devices at home, please do not send your child with food, snacks, jewelry, money, or other valuables. Your child has no need for additional money while at camp. Please note that Camp Kita is not responsible for lost articles or equipment.

We strongly discourage campers from packing priceless and sentimental artifacts to camp, especially irreplaceable artifacts that remind your camper of the loved-one that they lost. Instead, we would recommend your camper bring photocopies of special pictures to feel a connection with their loved one while away from home.



Medication Packing, Policies & Administration

Prior to camp, the head nurse, Melissa Morin, will be reaching out to families to verify the medication information entered into Camp Doc is the most accurate/up to date information for your camper. We recognize that things may change from the time you completed your camper's application to the start of camp and we hope to avoid any unnecessary delays in getting your camper their medications.

For the duration of camp, all medication will be held and distributed by the camp nurse who takes meticulous care of every medical situation, particularly when dispensing medicine.

1. **In order to administer medications we must have a signed Doctor's order-** this is the medication confirmation form many of you printed and returned after entering medications into camp doc. **If anything has changed since you completed your camper's application, we will need a new signed order from the doctor/provider** (MD, DO, PA or nurse practitioner). This can be in the form of a doctor's note on practice letterhead with the provider's signature.
2. Medications sent to camp must arrive in their original packaging with the correct prescription information, such as: the prescribing physician, the name of the medication, the dosage, and the frequency of administration. The camp nurse can not administer medications differently than how the label states, so if the medication instructions have changed from what is indicated on the label, please obtain a new label/bottle prior to camp. **Any medications not in their original packaging will not be permitted to stay at camp/will not be administered.** Please do not separate medication into plastic bags or pill holders.
3. Any emergency medications such as rescue inhalers or epipens that will remain with your camper **will need to have a signed doctor's note stating the camper is able to self administer the medication.** These medications should arrive with their prescription label so the nursing staff can identify/confirm the medication. If you have already thrown away the inhaler packaging that contains the label, your pharmacy will be able to provide you with a new label. Please also be sure inhalers are labeled with your camper's name.

Doctor's offices don't always have a quick turn around on providing what we need for camp such as new orders for medication changes or permission to self administer emergency medications. Please prioritize communication with your camper's doctor as soon as possible in order to obtain the necessary documents. You may email Melissa to review what is needed at: mmorin@campkita.com.



What if my camper is not feeling well?

They will receive plenty of TLC from our Camp Nurse, as well as counselors, staff, and even fellow campers! Often when a camper isn't feeling well, a bit of extra rest is all that is needed; and we have a private bedroom available in the Health Center just for this purpose. If their illness (or injury) is more serious or contagious, we will contact you right away to discuss the best course of action, which may include needing to pick up your camper within 24 hours.

Insurance and Outside Care:

At the discretion of our camp nurse, should it be necessary for the well being of your camper to use outside medical care, the camper family is responsible for all expenses involved. The medical provider will bill your insurance directly and will mail you an invoice for any expenses that are not covered by your insurance.

All campers must be medically insured for camp. For those campers without insurance, CampDocs offers an option for coverage which will provide participants with coverage for emergency medical expenses in case of sickness or accidents during their program. Learn more at: www.campdoc.com/protection-plan.

What about bugs and insects?

Camp is in the woods of Maine so mosquitoes, flies, ticks, bees, and other annoying insects can appear. We encourage that your camper pack a good repellent spray or lotion for use in the evening. Ticks in Maine are a real concern. Some campers choose to treat their clothing with Permethrin Spray prior to camp. Campers are responsible for conducting their own tick checks, so please show your camper how to properly do this prior to leaving for camp.

Tick-borne illnesses are a reality of life in New England. Ticks can carry diseases (the most concerning of which is Lyme disease) and can be difficult to see, so it's important to talk about them with your child before camp and review some simple, basic ways to keep ticks and Lyme disease in check. After your child returns from camp, it is important to know the symptoms of Lyme disease and take your child to a doctor right away if you suspect your child may have had a tick bite. Symptoms of Lyme disease include muscle aches, fever, headaches, rash (sometimes ring-shaped), and fatigue. For more information about preventing tick bites, visit: https://www.cdc.gov/ticks/avoid/on_people.html.



TRAVEL TO AND FROM CAMP KITA

Transportation Safety

Camp Kita does not offer transportation services to-and-from camp, or any non-emergency transportation. While careful planning reduces the risk of harm or injury, any time children are transported there is potential for problems to occur and inherent risks. It is the sole responsibility of the parents and caregivers to arrange safe and trusted travel arrangements for their campers to-and-from Camp Kita.

Registration day

Camp Kita will be hosted this year at New England Golf and Tennis Camp located at 35 Golf Academy Drive, Belgrade, ME 04917.

Camper check-in and registration on **Sunday, August 13, 2023 is from 1:00 PM - 3:00 PM.** Please do not drop off your camper before 1:00 PM, as staff will not be present to admit your child. Dinner will be served between 6:00-6:30 PM, so please plan your camper's meals accordingly. **Parents and guardians will need to sign their camper in and complete paperwork and visit the nurse before leaving their child.**

Departure day

Camper pickup is on Saturday, August 19, 2023. Campers will begin packing in the morning and should be picked up between 10:00 AM - 11:00 AM. **No child is permitted to stay past 11 AM, as our rental agreement with NEGAC will expire.** Before you leave with your child, you are encouraged to review his or her belongings to ensure nothing is left behind. We are not able to hold onto lost and found items.

Please note, campers can only be dismissed to the person predetermined on their CampDoc application with a photo ID, so please ensure the application is updated if there has been any changes to their pick-up plans. Contacts picking up campers should be prepared with proper identification.



CAMP KITA

AFTER CAMP

Campers have just experienced an emotionally and physically significant week. While some campers leave camp with a great sense of renewed energy and enthusiasm, some campers may find reacclimation back to the “real world” after camp to be challenging. Either response is normal.

Make plans to be fully present with your child when they return home from camp, and consider what you can arrange in advance of their return that will help your camper transition home successfully.

Ideas may include:

- *Scheduling an additional session with their therapist or a school counselor*
- *Preparing your home so the campers can return to a calm environment*
- *Making fun plans with their friends or family for when they return in advance*
- *Taking an additional vacation day from work*
- *Telling those close to them that they may need additional support when get home, and remind them to check in*
- *Remind them to lean into the skills and connections they made at camp*

Resources:

9-8-8- When people call, text, or chat with the 988 Lifeline, they are connected to trained counselors that are part of the existing 988 Lifeline network, made up of over 200 local crisis centers. These counselors are trained to provide free and confidential emotional support and crisis counseling to people in emotional distress, and connect them to resources

Hey Sam (Text: 439-726)- A dedicated peer-to-peer texting service for people up to 24 years old. Designed for and staffed by young people, Hey Sam gives youth the opportunity to reach peers if they are struggling, need someone to talk to, or need support .If you or someone you know is feeling lonely, depressed, overwhelmed, or suicidal, Hey Same is here for you. Whatever the reason, reach out. You are not alone.

Communication After Camp

We are unable to monitor communication between campers and between our campers and staff or volunteer members outside of camp. We ask that you report any inappropriate or unsafe outside communication or behavior to us so that we can determine if a camper or staff member should be eligible to return. We recommend that parents or guardians closely supervise all social media interactions of minor children, including any interactions between campers and between campers and staff members.



Thank you to those who make this program possible!

Did you know that camp costs our organization an average of \$3,500 per camper and that all of the KITA staff you see during camp are volunteers? Many of our volunteers also work throughout the year to make this program possible. We are grateful for our donors and volunteers who make Camp Kita possible and allow us to remain free-of-charge for all of our campers.

We are committed to keeping our camp program free and equitable for all of our campers. If you would like to contribute to KITA, or our future home, you may make a donation through our website, provide a check by mail (PO Box 238, North Berwick, ME 03906), or with a donation during your camper registration.

Thank you for your support!



CAMP KITA

APPENDIX

A copy of the previously signed authorizations from your campers application:

Health Care Authorization

The health history documented in the camper's application is correct and accurately reflects the health status of the camper to whom it pertains. The person described has permission to participate in all camp activities except as noted by me and/or an exempting physician. I give permission to the physician selected by the camp to order x-rays, routine tests and treatment related to the health of my child for both routine health care and in emergency situations. If I cannot be reached in an emergency, I give permission to the physician to hospitalize, secure proper treatment for, and order injections, anesthesia or surgery for this child. I understand the information on this form will be shared on a "need to know" basis with camp staff. I give permission to photocopy this form. In addition, the camp has permission to obtain a copy of my child's health record from providers who treat my child and these providers may talk with the program's staff about my child's health status. I also give permission to the camp to use my child's insurance to pay for any medical expenses incurred while he/she is at camp.

Support Form

While at Camp Kita, your child will be involved in support groups discussing grief and suicide loss. Great care is taken to ensure that supportive elements are safe, beneficial and appropriate to a camp setting and various age groups. While our groups and activities are supportive, they do not constitute mental health treatment. Many of our groups and activities are facilitated by mental health professionals however these staff are not providing mental health treatment to campers while at camp and are operating in a supportive role that is not clinical in nature.

I understand that my child will obtain support not mental health treatment while at Camp Kita.

Provider Authorization

I grant permission for Camp Kita to contact the listed therapist, psychiatrist, or counselor between 1/1/2023-12/31/2023 for the purposes of the admissions process and/or supporting the camper before, during and after camp week as needed.



Accurate Information Authorization

I verify that the information included in my camper's health form is accurate and comprehensive. I agree to update the camp with any relevant information following submission of this form and prior to camp week.

Confidentiality & Disclosure

We respect your right to privacy. All information obtained regarding camper applicants will be held confidential within pertinent camp staff on a need-to-know basis for the purposes of determining admission and providing the best camper experience possible to your child. However, confidentiality may be breached in the event that a safety concern arises for your child or others that requires attention. All camp staff are mandated reporters of child abuse and neglect. Additionally, we may be required to disclose camper information in the course of a judicial proceeding, in accordance with our legal obligations.

The confidentiality of email communication cannot be guaranteed by Camp Kita although we maintain reasonable efforts to secure it. I authorize communication regarding my child via email and understand the limitations of the security of this type of communication and do not hold Camp Kita responsible for breach of information communicated via email.

I have read, understand and agree to these conditions regarding confidentiality.

Release and Waiver of Liability and Indemnity Agreement

Facility Inspection

In consideration for being permitted to utilize the facilities, services, and programs of Camp Kita for any purpose, including but not limited to observation or use of facilities or equipment, or participation in any program affiliated with Camp Kita, without respect to location, the undersigned, for himself or herself and any personal representatives, heirs, and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will inspect and carefully consider such premises and facilities or the affiliated program. It is further warranted that such entry into Camp Kita for observation or use of any facilities or equipment or participation in such affiliated program constitutes an acknowledgement that such premises and all facilities and equipment thereon and such affiliated programs have been inspected and carefully considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use, or participation.

Hold Harmless Agreement

IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER CAMP KITA FOR ANY PURPOSE, INCLUDING BUT NOT



LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY PROGRAM AFFILIATED WITH CAMP KITA, WITHOUT RESPECT TO LOCATION, THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:

1. THE UNDERSIGNED HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE Camp Kita, its directors, officers, employees, and agents (hereinafter referred to as "releasees") from all liability to the undersigned, his personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the releasees or otherwise while the undersigned is in, upon, or about the premises or any facilities or equipment therein, or participating in any program affiliated with the Camp Kita, without respect to location.
2. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releasees and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in, upon, or about Camp Kita premises or in any way observing or using any facilities or equipment of the Camp Kita or participating in any program affiliated with Camp Kita whether caused by the negligence of the releases or otherwise.
3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR ANY RISK OF BODILY INJURY, DEATH, OR PROPERTY DAMAGE due to negligence of releasees or otherwise while in, about, or upon the premises of Camp Kita and/or while using the premises or any facilities or equipment thereon or participating in any program affiliated with the Camp Kita.

Permission for Treatment

THE UNDERSIGNED HEREBY DECLARES that all the information on the above health history is correct and representative of the person herein described and further agrees to give full authority to the health care personnel selected by Camp Kita to administer medications; provide routine health care, photocopy forms, and to order: X-Rays, routine tests; treatment; transportation; and hospitalization should the need arise.

THE UNDERSIGNED HEREBY RELEASES, WAIVES, DISCHARGES, AND COVENANTS NOT TO SUE RELEASEES FROM LIABILITY from any claim whatsoever which may result in any first aid, treatment, services, or assistance to the person while in, about, or upon the premises or any facilities or equipment thereon or participating in any program affiliated with Camp Kita.

THE UNDERSIGNED further expressly agrees that foregoing RELEASE, WAIVER AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the law of the State and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.



THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representations, statements, or inducements apart from the foregoing written agreement have been made.

Behavior Authorization

I understand that If deemed necessary, a camper may be excluded from camp for dangerous or intractable behavior that affects the well being of other campers, the staff, or him/herself. At the discretion of the Camp Director, a child may be excluded and sent home from camp. Parents/guardians will be called and asked to pick up the child within 24 hours. It will be the parent/guardian's responsibility to arrange transportation for the camper if he/she is sent home.

Signed during camper application:

Transport & Release Form

Permission to Transport

Permission to Treat

Photo Release